

## Traveling as a Gift

How many of you think to get yourself a Christmas gift? Often we are so busy buying gifts for everyone else, but what about ourselves?

If you are like me, I go shopping for everyone else and that's when I see the best stuff that I like and I end up getting things for myself, as well. These last minute impulse buys don't count though. I am talking about a well thought out gift that you may even wrap and put under the tree.

Would it be so bad to give yourself a gift too? What better way to be good to yourself. You know better than anyone else what you want. Do you need to feel guilty about that? Pampering yourself is an act of self love which actually results in the ability to be more giving to others when your own needs are met. You don't need to wait for someone else to pamper you.

Of course, what I am leading up to is the idea of gifting yourself with permission to take a travel nursing assignment. The assignments are only 3 months in length and such a wonderful adventure. There are not very many professions where you can still work and see the world at the same time. Friends and family can come to visit you and stay at your place. That's truly a gift.

To confirm your gift, you could even write down your permission slip, wrap it, and put it under the tree. I don't know you, but you are worth it.....everyone is worth it. It's just a matter of whether you see it and accept it or not. It's a decision.